



FALL ON MOUNT PALANZONE - ALBAVILLA

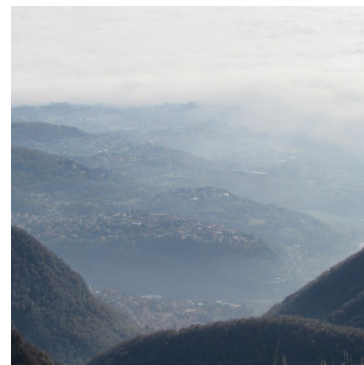
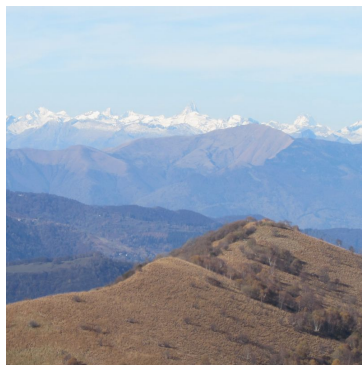
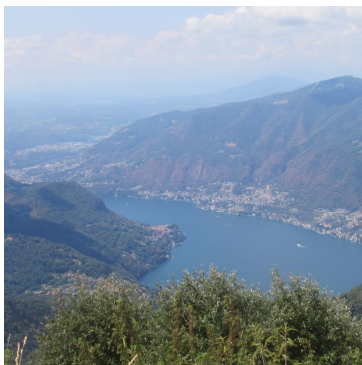
€12,00 - €20,00

Hiking Guide only, NOT INCLUDING extra costs (see sec. "Fee")

SUNDAY, 27TH NOVEMBER 2022

Categories: [EXCURSIONS](#), [ONE DAY EXCURSIONS](#)

IMMAGINI DELLA GALLERIA





LET'S HEAD TO CONQUER MOUNT PALANZONE IN THE HEART OF TRIANGOLO LARIANO

A quite demanding itinerary in the heart of Triangolo Lariano, the mountainous area between the two branches of Lake Como. The path will lead us to the top of Monte Palanzone, the second highest summit in this area, where you can enjoy a 360° view on Alps Chain and Grigna Mountains, and of course Lake Como.

The summit requires quite a good effort, which is its beauty.

The itinerary starts at Alpe del Viceré (Viceroy pasture) car parking and runs up along the northern slopes to conquer the summit. The northern slope is slightly easier so that we can save our legs to face up and down Dos de l'Asan (donkey ridge), a unique hills beloved by locals.

TECHNICAL DETAILS

Difference in altitude: 600 m

Distance: 12 km

Real walking time: 6 hours

Maximum altitude: 1400 m a.s.l.

DESCRIPTION

An itinerary running along partly paved easy paths, but also along more demanding paths with steep slopes requiring sure footedness and strong legs.

I have decided to walk along the norther ridge as it is less demanding and log as compared to the southern one, so to keep safe for the ups and downs along the Donkey ridge, an off-beaten-tracks path which I like very much.

Ridges and hills are often under the sun on pastures and are not covered with vegetation.

POINTS OF INTERESTS

- Wide view on mountain chains and the plane as well Lake Como;
- Conquering one of the most well-known and demanding, but also beloved, summit in the Triangolo Lariano;
- Dos Da l'Asan (Donkey ridge), a demanding and historic ridge;

LEVEL OF DIFFICULTY

Terrain: mostly mountain paths and mule tracks; some off-beaten tracks;

Gradient: moderate to demanding;

Attention points: steep ascents and descents requiring sure footedness

Itinerary suitable for adults and children/teens over 12 in good health conditions and used to walk on mountain paths, considering difference in altitude and distance to be walked.

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of or annoyed by them. Please, prevent the Guide.



Sezione

RESPONSIBLE TOURISM

The excursions I offer also aim at **supporting local economic activities** and at **living unique experiences** closely in touch with and with respect to people and places.

That's why they often include tasting experiences and/or chance to buy local products directly from producers, mainly small local activities working hard and with passion to keep traditions alive;

That's why groups I accompany are usually small ... in order to meet and live local people and enter their lives and the calmness of the place on tiptoes.

The Cape Town Declaration in 2002 recognises that Responsible Tourism takes a variety of forms, it is characterised by travel and tourism which:

- minimises negative economic, environmental and social impacts;
- generates greater economic benefits for local people and enhances the well-being of host communities, improves working conditions and access to the industry;
- involves local people in decisions that affect their lives and life changes;
- makes positive contributions to the conservation of natural and cultural heritage, to the maintenance of the world's diversity;
- provides more enjoyable experiences for tourists through more meaningful connections with local people, and a greater understanding of local cultural, social and environmental issues;
- provide access for people with disabilities and the disadvantaged;
- is culturally sensitive, engenders respect between tourists and hosts, and builds local pride and confidence.

Programme

- Meeting point at 8.45am at Alpe del Viceré, at the bar passage at the end of the car parking; paying car park 6 euros per day, only cash, no coins.
- Itinerary to Mount Palanzone; packed lunch in Nature; return along the ridges;
- 4/4.30pm return to Alpe del Viceré.

CANCELLATION/POSTPONEMENT

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

Any fee paid will be considered valid as a voucher on the next excursion (max validity 1 year or refunded (foreign people only)).

No refund is due in case of cancellation by the participants on the day of the excursion or on the previous day.

Participation fee

Adult: € 20.00;

Children and teens less than 12-year-old accompanied by an adult: € 12,00

Inclusions: Nature Guide fee accompanying the group - AIGAE LO639; liability insurance.

Exclusions: any lunch and break; any tasting; any entrance ticket; any transport to the meeting point; injury insurance for participants; any service not included in the item "inclusions".

Reservation required within **SATURDAY 26th november 2022** on the relevant chart on my website www.trekandtaste.com or by contacting me directly: e-mail sabrina@trekandtaste.it and mobile +39 347 04 05 703.



MINIMUM NUMBER OF PARTICIPANTS: 4
MAXIMUM NUMBER OF PARTICIPANTS: 15

Minors must be accompanied by an adult holding responsible.

Participation to the excursions implies unconditioned acceptance of the [rules](#) available on my website www.trekandtaste.com.

INJURY INSURANCE FOR TREKKERS

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact info@escursioni-italia.it.

How to reach the meeting point

Alpe del Viceré - Albavilla - can be easily reached by private car from Milan (ss36 exit Suello).
Paid car park according to the day of the week and season (around 6 euros per day); only cash, no coins.

Clothes and equipment

- Hiking shoes are required, preferably high laced-up and having soles in Vibram material, to walk safely on any terrain and in any season.
- Hiking poles recommended considerably reducing stress on joints and knees; telescopic poles are very handy.
- Backpack to carry personal belongings, spare clothing, and food and water supplies (no hut or water sources on the way).
- Packed lunch.
- Dress in layers according to the season (shirt, long-sleeved shirt, Fleece jacket or sweatshirt, rain and wind stopper jacket);
- Headlamp **COMPULSORY**.

Containment measures

According to rules in force on the day of the excursion.



NOTES
