



FOLIAGE IN VAL GEROLA - VALTELLINA

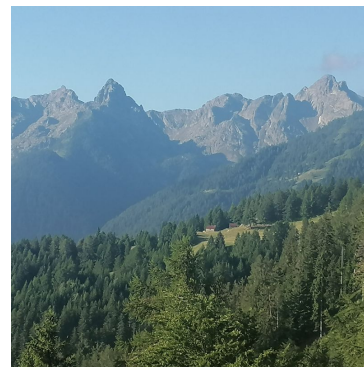
€12,00 - €20,00

SUNDAY, 22ND OCTOBER 23

Only hiking Guide fee, NOT INCLUDING extra costs (see sec. "Fee")

Categories: [EXCURSIONS](#), [ONE DAY EXCURSIONS](#)

IMMAGINI DELLA GALLERIA





CULINO LAKE AND BITTO ALPINE PASTURES

Val Gerola is a side valley of Valtellina in Lombardy region; an area of alpine pastures, immersed in the heavy nature of the protected area of Orobie Valtellinesi regional Park. As many alpine valleys which are characterized by great differences in elevation, it has so many different habitats: hardwood trees to grassland and rocky areas, each hosting its own fauna and flora.

On this occasion we will live the beauty of the larch trees turning to gold for wintertime.

An excursion in the silence and golden colours of Nature far from rush and crowd.

POINTS OF INTEREST

- Pastures where the famous and precious Bitto cheese is produced in summer;
- Stunning views on Valtellina, Alps and Disgrazia Peak.
- Forests turning to gold;
- Re connection to Nature

TECHNICAL DETAILS

Difference in altitude: 460 m

Distance: 7 km

Maximum altitude: 1950 m a.s.l.

DESCRIPTION

The itinerary starts above the Village of Rasura in Val Gerola and runs up among alpine pastures and conifer woods up to Culino Lake, at the foot of Rosetta Peak, among larch trees and rhododendrons, in a glacial basin.

From here we will walk back to the departure point through larch trees turning gold and the ancient and present alpine pastures which are now resting, in order to deeply enjoy Nature preparing to face winter.

A medium itinerary also including some short parts where the descent requires a little more effort, but always safe.

Packed lunch in Nature and pre dinner at the local farmhouse (optional).

DIFFICULTY LEVEL

Terrain: mountain paths large and easy as well as narrow paths; sure footedness required;

Gradient: moderate and constant

Attention points: sure footedness required.

Excursion suitable for adults and teens over 12 in good health conditions and used to walk on mountains paths on different terrains.

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of or annoyed by them. Do not hesitate to contact the Guide.

[Responsible tourism](#)

RESPONSIBLE TOURISM

The excursions I offer also aim at **supporting local economic activities** and at **living unique experiences** closely in touch with and



with respect to people and places.

That's why they often include tasting experiences and/or chance to buy local products directly from producers, mainly small local activities working hard and with passion to keep traditions alive;

That's why groups I accompany are usually small ... in order to meet and live local people and enter their lives and the calmness of the place on tiptoes.

The Cape Town Declaration in 2002 recognises that Responsible Tourism takes a variety of forms, it is characterised by travel and tourism which:

- minimises negative economic, environmental and social impacts;
- generates greater economic benefits for local people and enhances the well-being of host communities, improves working conditions and access to the industry;
- involves local people in decisions that affect their lives and life changes;
- makes positive contributions to the conservation of natural and cultural heritage, to the maintenance of the world's diversity;
- provides more enjoyable experiences for tourists through more meaningful connections with local people, and a greater understanding of local cultural, social and environmental issues;
- provide access for people with disabilities and the disadvantaged;
- is culturally sensitive, engenders respect between tourists and hosts, and builds local pride and confidence.

Programme

- 7.45am meeting point at Bione car Parking in Lecco;
- 9.15am meeting point at Bar Bianco restaurant car parking to have coffee and toilets;
- 10am excursion among forest, larch trees and alpine pastures; packed lunch in Nature;
- Around 4pm return to car parking and predinner.

ATTENTION: Itinerary and/or programme could vary according to path and weather conditions to guarantee safety for participants.

CANCELLATION/POSTPONEMENT

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

Any fee paid will be considered valid as a voucher for the next excursion (except for foreign people) - max validity 1 year.

No refund is due in case of cancellation by the participant on the day or previous day of the excursion.

Participation fee

Adults: € 20.00;

Children and teens up to 12-year-old accompanied by an adult: € 12,00

Inclusions: Nature Guide fee accompanying the group - AIGAE LO639; liability insurance.

Exclusions: any lunch and break; any transport to the meeting point; injury insurance; any service not included in the item "inclusions".

EXTRA COSTS

road access fee according to season

any pre dinner(tasting including local products (optional)

Reservation required **WITHIN Saturday, 21st October 23**, directly on my website www.trekandtaste.it or by contacting me directly: e-mail sabrina@trekandtaste.it and mobile +39 347 04 05 703.

MINIMUM NUMBER OF PARTICIPANTS: 4

MAXIMUM NUMBER OF PARTICIPANTS: 15

Minors must be accompanied by an adult holding responsible.



Participation to the excursions implies unconditioned acceptance of the [rules](#) available on my website www.trekandtaste.com.

INJURY INSURANCE FOR TREKKERS

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact info@escursioni-italia.it.

How to reach the meeting point

Path starts above the village of Rasura in Val Gerola.

By car you can reach Morbegno along the SS36 from Milan and then follow the direction Val Gerola up to Rasura. From here be careful to follow the board Bar Bianco.

On request we can share cars from Lecco.

Nearest Railway station is Lecco Maggianico, 15 mins walk from Bione car parking.

Clothes and equipment

- Hiking shoes are required, with gripping soles to walk safely on any terrain and in any season;
- Hiking poles recommended considerably reducing stress on joints and knees;
- Backpack to carry personal belongings, spare clothing, and food and water supplies (at least 1 litre per person);
- Packed lunch;
- Dress in layers according to the season (shirt, long-sleeved shirt, Fleece jacket or sweatshirt, rain and wind stopper jacket); rain stopper in case of instable weather ;
- Wool cap and gloves;
- Headlamp;

Containment measures

