



HIKE&TASTE BAGNA CAUDA IN THE MOREINIC AMPHITHEATRE - PIEDMONT

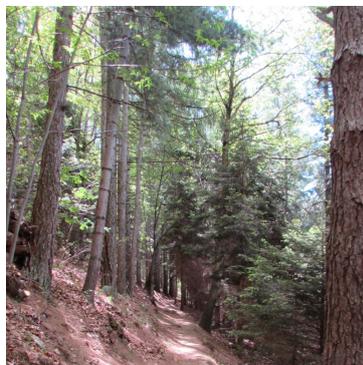
€10,00 - €25,00

Only Guide fee, NOT INCLUDING extra costs (see sec. "Fee")

SUNDAY, 18TH OCTOBER 22

Categories: [EXCURSIONS](#), [ONE DAY EXCURSIONS](#)

IMMAGINI DELLA GALLERIA





The moreinic amphitheatre, Bagna Cauda and local wine and oil

An easy walk in the area of Meugliano and Alice Lakes, near Ivrea in Piedmont, will lead us to discover not only the Moreinic Amphitheatre, a geological jewel which we will admire from the highest point of view, but also the typical Bagna cauda. Not to be missed a wine vs oil tasting in one of the most peculiar area of canavese region where the 2 cultivations live together thanks to the perfect mix of climate and rocks.

This area is known as Canavese, an historic region in Piedmont from Turin to Valle D'Aosta and from Biella to Vercelli, partly covering the inner depression of Ivrea morainic amphitheatre. The morainic amphitheatre is one of the most important morainic complexes having glacial origins in the Alps and in the world.

In case of overnight stay, see section Programme

TECHNICAL DETAILS

Difference in altitude 100m

Distance km 3

Max altitude 796 m a.s.l.

Meugliano Lake is a moreinic lake in Valchiusella, at 700 meters above sea level: a beautiful lake surrounded by evergreen trees telling us a wonderful and rich history.

Alice lakes, of moreinic origin as well, lie in a basin nearby and represent a very important wet habitat.

In 1995, both lakes have been included among those areas which are considered important by the European Community as to habitat conservation.

The programme include a relaxing walk around the lake in Meugliano, among the forest. Then we will reach the view point, where we will admire the beauty and magic of the Moreinic Amphitheatre, and finally Alice lake by car to discover the wet area; lunch in a nearby restaurant where we will taste bagna cauda and more local dishes.

In Montestrutto we will share Christmas atmosphere and magic with local people who have installed nativities around the village, in inner gardens and lavatory so that we can enjoy all together.

The excursion will end with a wonderful and pleasant tasting of olive oil and wines in [La Turna](#) farmhouse in Montestrutto.

POINTS OF INTEREST

- Vineyards grown on Pergola;
- The beauty and magic of Meugliano and Alice lakes;
- The majestic view on the Moreinic Amphitheatre;
- Typical Bagna cauda, local wine and oil tasting;
- Christmas atmosphere in Montestrutto.

DIFFICULTY LEVEL: EASY

Terrain: easy and comfortable paths;

Gradient: light;

Attention points: none.

Itinerary suitable for adults and children/teens over 8 in good health conditions.

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of



or annoyed by them. Please, prevent the Guide.

[Responsible Tourism](#)

RESPONSIBLE TOURISM

The excursions I offer also aim at **supporting local economic activities** and at **living unique experience**; closely in touch with and with respect to people and places.

That's why they often include tasting experiences and/or chance to buy local products directly from producers, mainly small local activities working hard and with passion to keep traditions alive;

That's why groups I accompany are usually small ... in order to meet and live local people and enter their lives and the calmness of the place on tiptoes.

The Cape Town Declaration in 2002 recognises that Responsible Tourism takes a variety of forms, it is characterised by travel and tourism which:

- minimises negative economic, environmental and social impacts;
- generates greater economic benefits for local people and enhances the well-being of host communities, improves working conditions and access to the industry;
- involves local people in decisions that affect their lives and life changes;
- makes positive contributions to the conservation of natural and cultural heritage, to the maintenance of the world's diversity;
- provides more enjoyable experiences for tourists through more meaningful connections with local people, and a greater understanding of local cultural, social and environmental issues;
- provide access for people with disabilities and the disadvantaged;
- is culturally sensitive, engenders respect between tourists and hosts, and builds local pride and confidence.

[Programme](#)

- Meeting point 9.00am at Meugliano Lake car parking;
- Short excursion around the lake and in the foresta;
- Transfer to the view point on the Moreinic Amphitheatre;
- Transfer to Alice lake and short walk around the lake;
- 12.30am lunch including bagna cauda piemontese and more local products;
- 3.30pm visit to nativities in Montestrutto;
- 4.30pm wine vs oil tasting and end of the tour;

FOR ANY OVERNIGHT STAY, please directly contact:

- B&B [Albero Maestro](#) in Borgofranco d'Ivrea
- B&B [Villa Lucia](#) a Borgofranco d'Ivrea
- B&B [La Rondine](#) in Montestgrutto
- [Miglio 608](#) in Montestrutto (area camper e 2 camere)
- [Hostel San Germano](#)

ROOMS TO BE CONFIRMED WITHIN 1ST OCTOBER

CANCELLATION/POSTPONEMENT

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

The excursion could be confirmed even though weather conditions are not perfect when safety for trekkers is guaranteed.

Any fee paid will be considered valid as a voucher for following excursions up to a validity of 1 year.

No refund is due in case of cancellation by the participant on the day of the excursion or on the previous day.



Participation fee

Adults: € 25.00;

Children and teens up to 12: € 18.00

Inclusions: Nature Guide fee accompanying the group - AIGAE LO639; liability insurance; guide expenses.

Exclusions: any lunch and break; any tasting; any transport to the meeting point; injury insurance for participants; any service not included in the item "inclusions".

EXTRA COSTS

25 € lunch including bagna cauda and more local products; beverage not included.

12 € Any tasting according to final programme on website.

Registration

WIHIN Fiday, 16th december 22

MINIMUM NUMBER OF PARTICIPANTS: 8

MAXIMUM NUMBER OF PARTICIPANTS (teens included): 15

Minors must be accompanied by an adult holding responsible.

Participation to the excursions implies unconditioned acceptance of the rules available on my website www.trekandtaste.it.

INJURY INSURANCE FOR TREKKERS

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact info@escursioni-italia.it.

How to reach the meeting point

Meugliano Lake is in Valchiusella, in Ivrea region;
Large and free car parking.

Car sharing from Milan on request according to location.

Clothes and Equipment

- Hiking shoes are required, having gripping soles to walk safely on any terrain;
- Hiking poles in case of slippery terrain;
- Dress in layers according to the season (shirt, long-sleeved shirt, Fleece jacket or sweatshirt, rain and wind stopper jacket); rain stopper in case of unstable weather

Containment measures

According to rules in force on the day of the excursion

