





# LAKE ZANCONE IN VAL GEROLA VALTELLINA MORBEGNO

€12,00 - €20,00

Only hiking Guide fee, NOT INCLUDING extra costs (see sec. "Fee")

**SUNDAY, 20TH AUGUST 2022** 

**Categories:** EXCURSIONS, ONE DAY EXCURSIONS

# **IMMAGINI DELLA GALLERIA**













#### **LAKE ZANCONE**

Lake Zancone is a natural alpine lake at 1856 m above sea level in Val Gerola in the Orobie Valtellinesi Park, near Morbegno in Valtellina. It lies in a glacial basin between the Pizzo Trona and Pizzo Tronella; its waters feed lake Trona which lies some meters north.

A small but fascinating lake thanks to the colours of its waters typical in the Orobic area; according to the weather colours fade from light blu to dark green.

The effort of the excursion will be rewarded by Storico Ribelle tasting of 3 different years of production together with good wine and handbrewed beer.

#### POINTS OF INTEREST

- o Cold breeze at high altitude
- o Crystal like waters of lake Zancone
- o The evidence and magic of the last glacial era: glacier morphology
- Storico Ribelle (celtic original Bitto cheese) tasting and visit to the Casera where customized wheels are being seasoned.

# **TECHNICAL DETAILS**

Difference in altitude: 600m

Distance: 11 km

Maximum altitude: 1920 m a.s.l.

# **DESCRIPTION**

The itinerary starts at the parking of Pescegallo chairlift and runs up among fir tree forests to reach the sources of River Tronella Valley where the magic of the last glacier era can be admired. We will then follow to Picc alpine pastures. From here the path runs also on some landslide debris and dominates the valley where two lakes can be found: Trona Lake and Zancone Lake, two natural alpine lakes of glacial origin since when at the beginning of the 40s the original conformation of Lake Trona has been modified by an electric company which has built a dam thus transforming the small lake into the biggest source of electric energy in the Bitto Valley. Bitto is a precious chees whose processing and traditions date back to Celtic period, 5° century before Christ.

We will reach the lake to touch fresh waters and have our packed lunch.

Return to car park along a shorter path and to the main village where we will visit the Storico Ribelle casera and taste this precious cheese.

## **DIFFICULTY LEVEL: MEDIUM TO DEMANDING**

 $\underline{\textbf{Terrain}} : \textbf{mountain paths sometimes narrow and rocky}; \textbf{paths on debris landslides};$ 

**Gradient:** moderate to demanding;

Attention points: sure footedness is required, above all where the path is quite exposed; paths are not easy;

Excursion suitable for adults and teens over 12 in good health conditions and used to walk on mountains paths on different terrains considering difference in level and distance to be walked.

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of or annoyed by them. Do not hesitate to contact the Guide.





#### **Responsible tourism**

# **RESPONSIBLE TOURISM**

The excursions I offer also aim at **supporting local economic activities** and at **living unique experiences** closely in touch with and with respect to people and places.

That's why they often include tasting experiences and/or chance to buy local products directly from producers, mainly small local activities working hard and with passion to keep traditions alive;

That's why groups I accompany are usually small ... in order to meet and live local people and enter their lives and the calmness of the place on tiptoes.

**The Cape Town Declaration** in 2002 recognises that Responsible Tourism takes a variety of forms, it is characterised by travel and tourism which:

- minimises negative economic, environmental and social impacts;
- generates greater economic benefits for local people and enhances the well-being of host communities, improves working conditions and access to the industry;
- involves local people in decisions that affect their lives and life changes;
- makes positive contributions to the conservation of natural and cultural heritage, to the maintenance of the world's diversity;
- provides more enjoyable experiences for tourists through more meaningful connections with local people, and a greater understanding of local cultural, social and environmental issues;
- provide access for people with disabilities and the disadvantaged;
- is culturally sensitive, engenders respect between tourists and hosts, and builds local pride and confidence.

#### **Programme**

- Meeting point at 8.45am at the chairlift parking in Pescegallo area; Meeting point also in Lecco Bione at 7.30am to share cars on request:
- Excursion to Lake Zancone; packed lunch in nature;
- At about 4.30am return to car parking and end of the excursion;
- Visit to Storico Ribelle Museum and tasting in the Slow Food site.

#### **CANCELLATION/POSTPONEMENT**

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

Any fee paid will be considered valid as a voucher for the next excursion (except for foreign people) - max validity 1 year.

No fee is due in case of cancellation by the participant on the day or the day before the excursion.

### **Participation fee**

Adults: € 20.00;

Children and teens up to 12-year-old accompanied by an adult: € 12,00

Inclusions: Nature Guide fee accompanying the group - AIGAE LO639; liability insurance.

Exclusions: any lunch and break; any transport to the meeting point; injury insurance; any service not included in the item "inclusions".

#### **EXTRA COSTS**

15 to 20 euros depending on the choice at the moment, Storico Ribelle tasting of 3 different years of production and good wine and handbrewed beer.

Reservation required **within Saturday, 19th August 2023**, directly on my website www.trekandtaste.it or by contacting me directly: e-mail sabrina@trekandtaste.it and mobile +39 347 04 05 703.





MINIMUM NUMBER OF PARTICIPANTS: 4
MAXIMUM NUMBER OF PARTICIPANTS: 15

Minors must be accompanied by an adult holding responsible.

Participation to the excursions implies unconditioned acceptance of the rules available on my website www.trekandtaste.com.

# INJURY INSURANCE FOR TREKKERS

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact info@escursioni-italia.it.

## How to reach the meeting point

Car park in Pescegallo can be easily reached from Milan, Lecco and Como by your own car along the SS36 road, exit Morbegno. Earlier meeting point in Bione Lecco could be possible to share cars, on request.

Paying car park

## **Clothes and equipment**

- Hiking shoes are required, having gripping soles to walk safely on any terrain and in any season;
- Hiking poles recommended considerably reducing stress on joints and knees;
   telescopic poles are very handy (highly recommanded);
- Backpack to carry personal belongings, spare clothing, and food and water supplies (at least 1 litre per person);
- Packed lunch;
- Dress in layers according to the season (T-shirt, long-sleeved shirt, micro-fleece, Fleece jacket or sweatshirt, rain and wind stopper jacket); duvet, wool cap and gloves; rain poncho in case of summer storm or unstable weather
- sun cap and sunscreen;

Participants NOT adequately equipped will NOT be admitted to the excursion.

#### **Containment measures**

According to rules in force at the time of the excursion  $% \left( x\right) =\left( x\right)$ 





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