





STONE MAGIC AND CHESTNUT AND PUMPKIN TASTING LUNCH - TORNO (COMO)

€12,00 - €20,00

Only Hiking Guide fee, NOT INCLUDING extra cost (see sec. "Fee")

SUNDAY, 8TH OCTOBER 2023

Categories: PAST EXCURSIONS

IMMAGINI DELLA GALLERIA







Pietra Pendula and stone-carved medieval tombs in Monte Piatto

A circular itinerary on Lake Como mountains to discover man intervention and stone use in the area during the centuries: limestone to build farmhouses and walls, granite to build tombs; local stones but also stone carried by the glacier as far as from Valtellina and Valmalenco.

Lunch in a typical crotto to taste seasonal products such as chestnut and pumpkin.

POINTS OF INTEREST

- The use of local stones in the centuries: Moltrasio stone and granite from Valmalenco.
- Antropic influence on the landscape.
- The mushrom-like Pietra Pendula, one of the most interesting erratic boulders in the area.
- Medieval tombs carved in erratic boulders.

TECHNICAL DETAILS

Difference in altitude: 520 m Distance: 8 km Real walking time: 4 hours Maximum altitude: 700 m a.s.l.

The itinerary starts in Torno and runs up along steep stone-step paths to reach the summer pastures of the village. Monte Piatto offers not only the atmosphere of a typical ancient rural area but also a nice iew on Como Lake and Mountians surrounding the Lario.

Lunchwill be in a typical crotto including seasonal products such as chestnut and pumpkin.

Back to Torno in the wood where ancietn tombs are hidden under century-old chestnut trees still offering sweet fruits.

DIFFICULTY LEVEL: MEDIUM

<u>Terrain</u>: mainly on cobblostone paths and some easier paths. Trekking poles are recommended.

Gradient: moderate and constant;

Attention points: slippery terrain according to season. Anti-slip trekking shoes are recommended.

Itinerary suitable to adults and teens over 12 in good health conditions and used to walk on mountain paths and on various terrain, considering difference in altitude and distance to be walked. Trekking shoes required to walk safely

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of or annoyed by it.

Programme

- Meeting point 8.45am at the pier in Piazza Cavour in Como; 9.20 boarding to Torno;
- 9.52am meeting point in Torno for those who want to reach the village by car.
- Excursion to Monte Piatto according to description; lunch in a crotto;
- Return to Torno and boarding to Como 4.35pm or 4.58pm arriving in Cono respectively 5.03pm and 5.33pm;

CANCELLATION/POSTPONEMENT

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.





Any fees paid will be considered valid as a voucher on the next excursion (except for foreign people) – validity max 1 year from first excursion reserved.

No refund is due in case of cancellation by the participants on the same day or on the day before the excursion.

Participation fee

Adult: \notin 20.00; Children and teens less than 12 year old accompanied by an adult: \notin 12,00

Inclusions: Nature and Hiking Guide fee accompanying the group - AIGAE LO639; liability insurance; **Exclusions:** any lunch and break; any transport to the meeting point; boat tocket to Torno and back; injury insurance; any service not included in the item "inclusions".

EXTRA COSTS

€ 20 tasting lunch chestnuts and pumpkin (local starter, tasting of two main courses, marroni and ricotta cake, coffe, 1/2 water, 1/4 wine) € 7.60: return boat ticket Como - Torno

Reservation required **within Friday, 6th October 2023,** on the relevant link on my website www.trekandtaste.it or by contacting me directly: e-mail sabrina@trekandtaste.it and mobile +39 347 04 05 703.

MINIMUM NUMBER OF PARTICIPANTS: 4 MAXIMUM NUMBER OF PARTICIPANTS: 15

Minors must be accompanied by an adult holding responsible. Participation to the excursions implies unconditioned acceptance of the <u>rules</u>available on my website www.trekandtaste.com.

INJURY INSURANCE FOR TREKKERS

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact info@escursioni-italia.it.

How to reach the meeting point

Torno can be easily reached by bus or by boat from Como. Few free car parking lots are available.

During the week preceeding the excursion we will arrange how to reach Torno in detail. Please contact the Guide for more information.

Clothes and equipment

- Hiking shoes are required, with gripping soles to walk safely on any terrain and in any season;
- Hiking poles are recommanded, considerably reducing stress on joints and knees;
- Backpack to carry personal belongings, spare clothing, snacks and water supplies;
- Dress in layers according to the season (shirt, long-sleeved shirt, Fleece jacket or sweatshirt, rain and wind stopper jacket); rain poncho in case of unstable weather;
- Headlamp in autumn

Containement measures

No measures at the moment :-)









NOTES