



## **SNOWSHOES HIKING TO MASCOGNAZ - AOSTA VALLEY**

€25,00 - €30,00

*Only Hiking Guide Fee, NOT INCLUDING extra costs  
(See "Fee" section for more)*

**10 MARCH 2024**

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Categories: [EXCURSIONS](#), [ONE DAY EXCURSIONS](#)

### **IMMAGINI DELLA GALLERIA**





## SNOWSHOES HIKING IN VAL D'AYAS - AOSTA VALLEY - CHAMPOLUC

Val D'Ayas is a side valley in Valle d'Aosta, at the foot of Monte Rosa.

Anciently known as Val Challant or Val de Challant-Aya, it is today a very important ski area known all over the world.

It is surrounded by peaks over 13.000 feet which are part of the Monte Rosa chain, such as Breithorn Peak (13.661 ft), Roccia Nera (13.310 ft), Castore (13.871 ft), Polluce (13.425 ft).

Our excursion will be from Champoluc to the ancient Walser village Mascognaz, through woods.

- SNOWSHOES REQUIRED (in case you do not have, please contact the guide to rent them)

WINTER TYRES AND/OR SNOW CHAINS ON BOARD ARE COMPULSORY

In case you want to stay overnight on Saturday, please contact the Guide within 28th Feb.

## TECHNICAL DETAILS

Difference in altitude 450 m

Distance km 7

Max altitude 2000m a.s.l.

## DIFFICULTY LEVEL: MEDIUM

Itinerary on snow-covered terrain with mostly light or moderate gradients. Short deep slopes. Snow conditions could vary according to temperature and season.

**Excursion suitable for adults and teens in good health and physical fitting conditions, used to walk in mountains, considering difference in level and length.**

**Excursion is not suitable for people suffering from heart, respiratory, postural diseases or being overweight; not suitable to people just having been surged; any disease worth to be communicated to the Guide, should be.**

Dogs not allowed

### [Responsible Tourism](#)

## RESPONSIBLE TOURISM

The excursions I offer also aim at **supporting local economic activities** and at **living unique experience**; closely in touch with and with respect to people and places.

That's why they often include tasting experiences and/or chance to buy local products directly from producers, mainly small local activities working hard and with passion to keep traditions alive;

That's why groups I accompany are usually small ... in order to meet and live local people and enter their lives and the calmness of the place on tiptoes.

**The Cape Town Declaration in 2002** recognises that Responsible Tourism takes a variety of forms, it is characterised by travel and tourism which:

- minimises negative economic, environmental and social impacts;
- generates greater economic benefits for local people and enhances the well-being of host communities, improves working conditions and access to the industry;
- involves local people in decisions that affect their lives and life changes;



- makes positive contributions to the conservation of natural and cultural heritage, to the maintenance of the world's diversity;
- provides more enjoyable experiences for tourists through more meaningful connections with local people, and a greater understanding of local cultural, social and environmental issues;
- provide access for people with disabilities and the disadvantaged;
- is culturally sensitive, engenders respect between tourists and hosts, and builds local pride and confidence.

## **Programme**

### PROGRAMME

- Meeting point in Champoluc at 9.30am. On request, earlier meeting point in Milan, according to availability. Please, check availability before registration.
- Breakfast and toilet;
- Excursion with snowshoes to the ancient walsler village Mascognaz; Packed lunch;
- Back to town and break in a patisserie;

**ATTENTION:** programme and itinerary could vary according to both weather and terrain/snow conditions in order to guarantee safety for participants.

## **Participation fee**

Adults: € 50.00

Children and teens up to 12: € 25.00

**Inclusions:** Nature Guide fee accompanying the group - AIGAE LO639; liability insurance; guide expenses

**Exclusions:** any lunch and break; any tasting; any transport to the meeting point; self-rescue kit; accommodation at the hut; injury insurance; any service not included in the item "inclusions".

## **EXTRA COSTS**

Snowshoes renting in case you need (please contact the Guide);  
car sharing costs according to viamichelin app. Please, agree with the driver.

Registration **within 9th march 24.**

MINIMUM NUMBER OF PARTICIPANTS: 6

MAXIMUM NUMBER OF PARTICIPANTS (teens included): 15

Minors must be accompanied by an adult holding responsible.

Participation to the excursions implies unconditioned acceptance of the rules available on my website [www.trekandtaste.it](http://www.trekandtaste.it).

## **CANCELLATION/POSTPONEMENT**

The excursions on snowshoes can be cancelled or modified anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

No refund is due in case of cancellation by the participant 2 days before the excursion.

## **Injury insurance**

### **INJURY INSURANCE FOR TREKKERS**

Participation fee only includes liability insurance; NO injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact [info@escursioni-italia.it](mailto:info@escursioni-italia.it).



### **How to reach the meeting point**

Meeting point is in Champoluc. Earlier meeting point ON REQUEST and ACCORDING TO AVAILABILITY. Please, verify availability before registration.

WINTER TYRES AND/OR SNOW CHAINS ON BOARD ARE REQUIRED

### **Clothes and Equipment**

- Winter trekking shoes, waterproof and with gripping sole;
- Snowshoes (in case you need please contact the Guide) and trekking rampoons in case of need;
- Trekking poles with larger snow basket to improve performance in deep snow;
- Snow gaiter recommended;
- Personal backpack including water, hot beverages, packed lunch;
- Dress in layers (technical underwear, t-shirt, long-sleeve shirt, microfleece, softshell, duvet; gloves and wool cap, neck warmer, scarf); trekking winter trousers and leg warmer, short or long;
- Sunglasses;
- Headlamp;

In case of doubt do not hesitate to contact me.

**Trekkers not adequately equipped will not be allowed to participate to the excursions.**

### **Containment measures**

According to rules in force on the days of the excursions.

