





# THE VIANDANTE TRAIL - WAYFARERS AND FISHERMEN - INCLUDING GUIDED VISIT OF CORENNO PLINIO

€18,00 - €25,00

**SATURDAY, 1ST JULY 23** 

Evening programme

Only Hiking Guide Fee, NOT INCLUDING extra costs (see sec. "Fee")

The excursion is part of the project <u>STORYTELLING</u>
<u>BENCHES</u>

**Categories:** PAST EXCURSIONS

# **IMMAGINI DELLA GALLERIA**













## Along the Viandante Trail to meet wayfarers, fishermen and local people

A wonderful itinerary from Dorio, San Rocco, Corenno Plinio, to Dervio to enjoy lake fish cooked according to ancient traditions and also to admire fishmongers at work.

Guided visit to Corenno Plinio hamlet, castle and church.

Thus, hiking along the Vindante Trail also include an evening programme to admire and discover the secrets and tradition of shed catching.

The itinerary is part of the project **STORYTELLING BENCHES** 

# **TECHNICAL DETAILS**

Difference in altitude: 450 m

Distance: 8,5 km

Real walking time: 4,5 ore Maximum altitude: 600 m a.s.l.

Description

The itinerary starts in Dorio which we will reach by train after parking our cars in Dervio.

The path goes up along the winding mule tracks of the famous Wayfarer Trail, running from Lecco to Colico: one of the best and fascinating tracks among woods and crottos, hamlets and wonderful views. Here, more than elsewhere, the lake is shining ... is it why the village is called Dorio (golden)?

We will reach the viewpoint and the small chapel devoted to San Rocco where you will admire the panorama extending towards Bellagio on one hand and to Valtellina on the other.

After having our packed lunch, we will start descending towards Corenno Plinio, a medieval jewel on Lake Como, which we will visit on a guided tour (hamlet, castle and church).

Dervio is the right place where to discover the secrets of Missoltino and to taste shed and whitefish cooked according to ancient traditions directly by the fisherman and finally to admire fishermen at work.

#### **POINTS OF INTEREST**

- o Mule tracks and typical dry walls along the Viandante trail;
- Magnificent views on Lake Como;
- o Crotto, hamlets and local people to talk with;
- o Guided visit to Corenno Plinio hamlet, castle and church;
- o Bath in the fresh and clean waters of Lake Como;
- Lake fish tasting à la carte;
- Evening walk to admire fishermen at work: a traditional and unique technique:

## **DIFFICULTY LEVEL: MEDIUM**

<u>Terrain</u>: mainly on rocky and cobblostone paths and some easier paths. Trekking poles are recommended.

 $\underline{\text{Gradient}}\text{: light; demanding to reach the chapel.}$ 

Attention points: demanding ascent to the chaple; slippery path.

Itinerary suitable for adults and children/teens over 12 in good health conditions and used to walk on mountain paths, considering difference in altitude and distance to be walked.

Trekking shoes compulsory with gripping Vibram soles.

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of or annoyed by them. Do not hesitate to contact the Guide.





#### **Responsible tourism**

## **RESPONSIBLE TOURISM**

The excursions I offer also aim at **supporting local economic activities** and at **living unique experiences** closely in touch with and with respect to people and places.

That's why they often include tasting experiences and/or chance to buy local products directly from producers, mainly small local activities working hard and with passion to keep traditions alive;

That's why groups I accompany are usually small ... in order to meet and live local people and enter their lives and the calmness of the place on tiptoes.

**The Cape Town Declaration** in 2002 recognises that Responsible Tourism takes a variety of forms, it is characterised by travel and tourism which:

- minimises negative economic, environmental and social impacts;
- generates greater economic benefits for local people and enhances the well-being of host communities, improves working conditions and access to the industry;
- involves local people in decisions that affect their lives and life changes;
- makes positive contributions to the conservation of natural and cultural heritage, to the maintenance of the world's diversity;
- provides more enjoyable experiences for tourists through more meaningful connections with local people, and a greater understanding of local cultural, social and environmental issues;
- provide access for people with disabilities and the disadvantaged;
- is culturally sensitive, engenders respect between tourists and hosts, and builds local pride and confidence.

#### **Programme**

- Meeting point 9.35am meeting point at Dervio railway station and train to Dorio;
- Excursion to San Rocco, panoramic view and packed lunch;
- Visit to Corenno Plinio; bath in the lake;
- 6.30pm lake fish tasting à la carte;
- 7.30 9pm Evening walk to admire fishermen at work.
- Free return to own car.

#### **CANCELLATION/POSTPONEMENT**

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

Any fees paid will be considered valid as a voucher on the next excursion (except for foreign people) – validity max 1 year from first excursion reserved.

In case of cancellation by the particiapnts, no fees or vouchers will be refunded.

#### **Participation fee**

1. Adult: € 25.00;

Teens under 12 accompanied by an adult: € 18,00

Inclusions: Nature and Hiking Guide fee accompanying the group - AIGAE LO639; liability insurance;

**Exclusions:** any lunch and break; any transport to the meeting point; tasting; injury insurance for participants; any service not included in the item "inclusions".

EXTRA COSTS to be paid on site  $10 \in \text{per car - } 1\text{-day car parking in Dervio}$  (unless church parking is open - free offer)  $5 \in \text{guided visit to Corenno Plinio}$  Lake fish tasting à la carte





#### 1.50 € Train ticket to Dorio

Reservation required **within Friday, 30th June 23,** on the chart or by contacting me directly: e-mail sabrina@trekandtaste.it and mobile +39 347 04 05 703.

MINIMUM NUMBER OF PARTICIPANTS: 4
MAXIMUM NUMBER OF PARTICIPANTS: 15

Minors must be accompanied by an adult holding responsible.

Participation to the excursions implies unconditioned acceptance of the <u>rules</u>available on my website www.trekandtaste.com.

#### **INJURY INSURANCE FOR TREKKERS**

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact <a href="mailto:info@escursioni-italia.it">info@escursioni-italia.it</a>.

## How to reach the meeting point

Dervio can be reached by car. Paid car parkings available. Last train to Lecco and Milan at 8pm.

Please contact the Guide for more details in how to reach Dervio.

Please let me know in case you are willing to share your cars with people coming from your same are of residence in order to meet any requests.

## **Clothes and equipment**

- Hiking shoes having gripping soles to walk safely on any terrain and in any season;
- Hiking poles recommanded, considerably reducing stress on joints and knees; telescopic poles are very handy.
- Backpack to carry personal belongings, spare clothing, and food and water supplies;
- Packed lunch
- Dress in layers according to the season (shirt, long-sleeved shirt, Fleece jacket or sweatshirt, rain and wind stopper jacket); rain poncho in case of unstable weather;
- Bathing suit;

Trekkers not adequately equipped will not be allowed to the excursion.

#### **Containement measures**

According to rules in force on the day of the excursion.





NOTES		