

HAMLETS AND OLIVE GROVES - LAKE COMO

€18,00 - €22,00

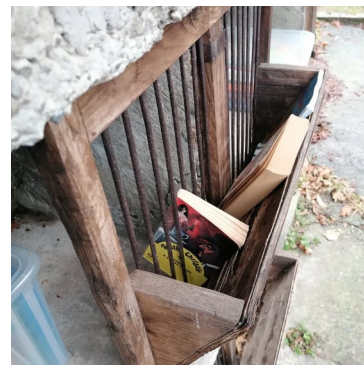
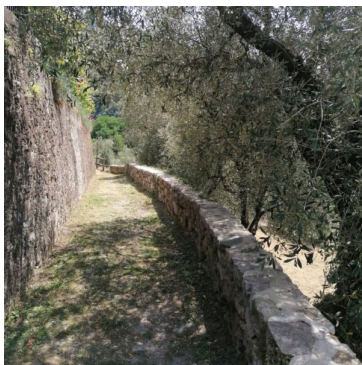
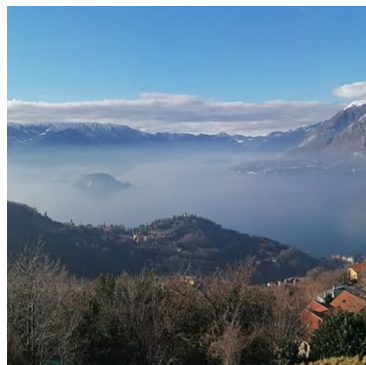
Guide fee only, NOT INCLUDING extra costs (see sec. "Fee")

SATURDAY, 6TH APRIL 24

The excursion is part of the project [STORYTELLING BENCHES](#)

Categories: [EXCURSIONS](#), [ONE DAY EXCURSIONS](#)

IMMAGINI DELLA GALLERIA





HIKING AMONG WOODS, OLIVE TREES, POLLIBRERIE AND WONDERFUL VIEWS ON LAKE COMO

Far from crowd, far from busy traffic, immersed in an historic hamlet where we will discover the history and traditions of Lake Como region and last but not least wonderful views on Lake Como.

We will discover the northernmost area in Europe where olive trees can be cultivated, unexpected reading and bookcrossing areas, warm welcoming by local people living in a small village, the farming past of a village proud of its past but turned to the future, a wooden bench telling us stories about men and places.

Packed lunch in Nature and back to Varenna.

The itinerary is part of the project [STORYTELLING BENCHES](#)

TECHNICAL DETAILS

Difference in altitude: 450 m

Distance: 8 km

Maximum altitude: 635 m s.l.m.

DESCRIPTION

A circular itinerary on Varenna hills, overlooking Lake Como.

An excursion intended to be an occasion to go back to nature, to calmness, to our past, far from day rush in touch with villages and its people. Take your time to walk, to share knowledge and to listen to nature!

Partly along the Wayfarer trail and partly along off-beaten trails among olive groves, woods and hamlet.

DIFFICULTY LEVEL - MEDIUM

Terrain: well-kept paths and mule tracks; cobblestone paths.

Gradient: moderate and constant

Points of attention: none

Excursion suitable for adults and teens in good health and physical fitting conditions, used to walk in mountains, considering difference in level and length.

Excursion is not suitable for people suffering from heart, respiratory, postural diseases or being overweight; not suitable to people just having been surged; please inform the guide about any disease worth to be communicated and which could affect the excursion.

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of or annoyed by it. Please contact the Guide.

[Turismo responsabile](#)

RESPONSIBLE TOURISM

The excursions I offer also aim at **supporting local economic activities** and at **living unique experiences** closely in touch with and with respect to people and places.

That's why they often include tasting experiences and/or chance to buy local products directly from producers, mainly small local activities working hard and with passion to keep traditions alive;

That's why groups I accompany are usually small ... in order to meet and live local people and enter their lives and the calmness of the place on tiptoes.



The Cape Town Declaration in 2002 recognises that Responsible Tourism takes a variety of forms, it is characterised by travel and tourism which:

- minimises negative economic, environmental and social impacts;
- generates greater economic benefits for local people and enhances the well-being of host communities, improves working conditions and access to the industry;
- involves local people in decisions that affect their lives and life changes;
- makes positive contributions to the conservation of natural and cultural heritage, to the maintenance of the world's diversity;
- provides more enjoyable experiences for tourists through more meaningful connections with local people, and a greater understanding of local cultural, social and environmental issues;
- provide access for people with disabilities and the disadvantaged;
- is culturally sensitive, engenders respect between tourists and hosts, and builds local pride and confidence.

Programme

- Meeting point: 9.30am at Varenna railway station.
- Circular Excursion partly on the Viandante trail and among olive groves and woods;
- Packed lunch in a quiet hamlet, sharing experiences, books, emotions and knowledge; visit to a small collection of ancient agricultural tools;
- Back to Varenna at about 5pm;

CANCELLATION/POSTPONEMENT

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

Any fees paid will be considered valid as a voucher on the next excursion or refunded (for foreign people).

No refund is due in case of cancellation by the participant on the same day or the previous day.

Participation fee

Adults: € 22.00;

Teens up to 12 year old accompanied by an adult: € 18,00

Inclusions: Nature Guide fee accompanying the group - AIGAE LO639; liability insurance;

Exclusions: any lunch and break; any transport to the meeting point; injury insurance for the participants; any service not included in the item "inclusions".

EXTRA COSTS

A sweet present for guys who will open the small museum and the pollibreria

Reservation required **within Friday, 5th Aprile 24** on the relevant link on my website www.trekandtaste.it or by contacting me directly: e-mail sabrina@trekandtaste.it and mobile +39 347 04 05 703.

MINIMUM NUMBER OF PARTICIPANTS: 5

MAXIMUM NUMBER OF PARTICIPANTS: 15

Minors must be accompanied by an adult holding responsible.

Participation to the excursions implies unconditioned acceptance of the [rules](#) available on my website www.trekandtaste.com.

INJURY INSURANCE FOR TREKKERS

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact



info@escursioni-italia.it.

How to reach the meeting point

Meeting point is at Varenna Railwaystation which can be easily reached from Milan and Lecco by train.

Clothes and equipment

- Hiking shoes are required, preferably high laced-up and having gripping soles to walk safely on slippery mule tracks.
- Hiking poles considerably reducing stress on joints and knees; telescopic poles are very handy.
- Backpack to carry personal belongings, spare clothing, and food and water supplies; packed lunch.
- Dress in layers according to the season (shirt, long-sleeved shirt, Fleece jacket or sweatshirt, rain and wind stopper jacket).
- A second-hand book to share at the polibreria;
- A sweet preset for the guys who will open the museum and polibreria;

Containement measures

No rules at the moment :-))



NOTES
