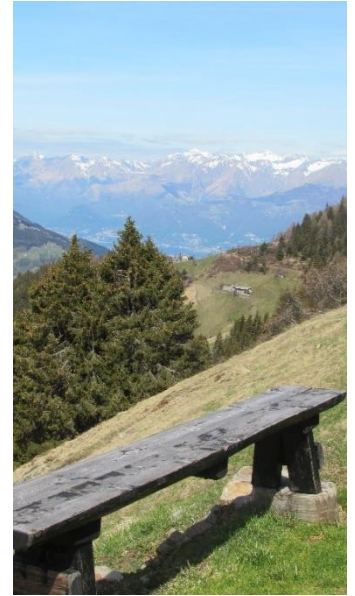




FOR DETAILED DATES AND PROGRAMME SEE LINK ON WEBSITE

Alpe Pedroria

and Bitto ancient pastures
Albaredo
return under the starry sky



An excursion requiring medium effort and which will lead us on the pastures where Bitto cheese were and is still produced; Bitto is the very famous and precious cheese whose tradition dates back to Celtic period.

Pastures where cows still graze and cheesemakers still produce cheese respecting ancient traditions; pastures where ancient dairies can be found and are to be restored as an important heritage; magnificent views on Valtellina, Monte Disgrazia and Pizzo Badile; walking among bilberries and juniper bushes; packed lunch with view on the Valley.

After a tasting break including Bitto cheese and more local products accompanied by a handcrafted beer savouring chestnut honey by Du Lac brewery, we will visit dairy processes on pastures.

Return to car parking on easy path in order to enjoy the dark of the night in the forest, under a sky full of stars.

Tasting moment is part of the excursion.

Hiking and trekking into the mountains also mean recognizing the value of the work people living and working on these mountains are doing. As far as possible, Trek&Taste supports local economies.

ATTENTION POINTS

- Past and presents of the pastures where Bitto cheese is produced
- Magnificent view on Valtellina and Rhaetian Alps
- Conifer forests and bilberries
- Tasting of local products

TECHNICAL DETAILS

Difference in altitude 470 m
Distance 9 km
Real walking time 5 ore
Max altitude 1944 m a.s.l.

DIFFICULTY LEVEL: MEDIUM

Terrain: rocky narrow mountain paths mainly in the woods: Easy and wide paths during the descent.

Trekking poles recommended.

Gradient: moderate and constant

Attention points: none

Itinerary suitable for adults and children/teens over 10 used to walk on mountain paths, considering difference in altitude and distance to be walked.

Trekking shoes required with gripping Vibram soles.

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of or annoyed by them. Do not hesitate to contact the Guide.

CLOTHES AND EQUIPMENT



- hiking shoes are required, preferably high laced-up and having soles in Vibram material, to walk safely on any terrain and in any season.
- hiking poles considerably reducing stress on joints and knees; telescopic poles are very handy.
- backpack to carry personal belongings, spare clothing, and food and water supplies.
- packed lunch (no mountain hut or water sources on the way).
- Headlamp compulsory.

- dress in layers according to the season (shirt, long-sleeved shirt, Fleece jacket or sweatshirt, rain and wind stopper jacket); rain poncho in case of instable weather and summer storms.
- Sunscreen and baseball cap

FRAMEWORK PROGRAMME

Meeting point 8.45am at Rita Levi Montalcini car parking in Morbegno where we will share cars according to rules in force and drive to the car parking where the path begins (around 30 min).

9.45am excursion among woods and pastures to Alpe Pedroria; packed lunch and tasting;

6pm visit to dairy processes on pastures;

10pm return to nearest car parking in the darklight.

ATTENTION: the above-mentioned is a framework programme and thus times could vary according to season and day of the week. See detailed programme on the website link.

CANCELLATION/POSTPONEMENT

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

Any fees paid will be considered valid as a voucher on the next excursion (except for foreign people) – validity max 1 year from first excursion reserved.

PARTICIPATION FEE

Adults: € 25.00;

Children and teens up to 12-year-old accompanied by an adult: € 18,00

Inclusions: Nature Guide fee accompanying the group - AIGAE LO639; liability insurance, visit to dairy processes.

Exclusions: any lunch and break or tasting; any transport to the meeting point; injury insurance; any service not included in the item "inclusions".

Reservation required within **the previous day** to the link on my website www.trekandtaste.it or contact me directly: e-mail sabrina@trekandtaste.it and mobile +39 347 04 05 703.

MINIMUM NUMBER OF PARTICIPANTS: 4

MAXIMUM NUMBER OF PARTICIPANTS: 15

Minors must be accompanied by an adult holding responsible.

Participation to the excursions implies unconditioned acceptance of the rules available on my website www.trekandtaste.it.

INJURY INSURANCE FOR TREKKERS

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact info@escursioni-italia.it.

HOW TO REACH THE MEETING POINT

Rita Levi Montalcini car parking is in Morbegno. See position on website link.

Private cars are to be shared according to the containment measures in force.

CONTAINEMENT MEASURES

See detailed and updated measures on website link.



For further information

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FB Sabrina Pastacaldi – Guida ambientale escursionistica AIGAE

www.trekandtaste.it