



FOR DETAILED DATES AND PROGRAMME SEE LINK ON WEBSITE

Snowy weekend under the full moon

Rifugio Ferraro – Val D'Ayas



A magic and snowy weekend under the full moon looking for a relaxing moment.

A medium-effort excursion to enjoy every single snowflake; Ferraro mountain hut lies in the small village of Resy, high above Saint Jacques (Val d'Ayas) in a strategic position overlooking the valley and it can be easily reached in every season.

A cosy and friendly atmosphere where you can taste excellent local cuisine.

We will reach the mountain hut walking in the snow blanket covering the underbrush of a larch forest.

Snowshoe hiking safely in the area, introduction to the use of the avalanche beacon and in the night safe walking under the full moon shining on the snow and enlightening the night.

On the way back we will reach Blu lake... which is now white.

The Decree Law 28th February 2021, n. 40, concerning both off-track and snow-covered environment activities, enforce the use of an avalanche beacon, probe and shovel when snowshoe hiking when off-track regardless of the level of skilfulness.

The avalanche beacon is a transmitting device allowing people swept by an avalanche to be found; thus, anyone must be equipped with. It must be put under all clothes close to underwear, while shovel and probe can be carried in the backpack.

When you participate to Trek&Taste snowshoes hiking excursions you do not need to drive around in search of snowshoes and self-rescue equipment, because we can rent all the required kit.

TECHNICAL DETAILS



WT3 difficulty level
See details on website

DIFFICULTY LEVEL WT3

Itinerary on snow-covered terrain with mostly light or moderate gradients. Short steep slopes. Snow conditions could vary according to temperature and season.

Suitable for adults and teens over 12 in good health conditions and having sure footedness on snowy terrain.

Please check details on the website. Technical details could vary according to different decisions concerning itinerary.

Dogs must be on a leash owing to the presence of wild animals in the wood and out of respect for other participants who could be afraid of or annoyed by them. Do not hesitate to contact the Guide.

Please prevent the guide in order to arrange a comfortable stay at the mountain hut.

CLOTHES AND EQUIPMENTS

- Winter trekking shoes, waterproof and with sole in Vibram material preferably;
- Trekking poles with larger snow basket to improve performance in deep snow;
- Snow gaiter recommended;

- Backpack for 2 days (45-50 l.) including water and food supplies, hot beverages, spare clothes for 2 days and the night, SHEET BAG, towels, and personal belongings; reduce personal belonging to the minimum.

ATTENTION: backpack max 40-60 l. will contain shovel badger and probe.

- Packed lunch, light but energetic, for 2 days;
- Dress in layers (technical underwear, t-shirt, long-sleeve shirt, microfleece, softshell, duvet; gloves and wool cap, neck warmer, scarf); trekking winter trousers and leg warmer, short or long.
- Sunglasses and sun protection;
- Headlamp.

IN CASE OF DOUBT PLEASE DO NOT HESITATE TO CONTACT THE GUIDE.

ONLY ONE BACKPACK MAX 40-60 L. IS ALLOWED TO BE CARRIED DURING THE EXCURSION.

TREKKERS NOT ADEQUATELY EQUIPPED WILL NOT BE ALLOWED TO PARTICIPATE TO THE EXCURSION.

FRAMEWORK PROGRAMME

Saturday

Meeting point in Saint Jacques at the very end of the valley. The car park of the cable car could be used in case of no parking available in Saint Jacques. Different meeting points to be defined.

Snowshoes excursion to the mountain hut and accommodation; packed lunch in nature according to temperature; introduction to avalanche beacon; dinner and night snowshoes hiking under full moon light.

Sunday

Breakfast and excursion to the Blu lake; packed lunch in nature according to temperature and return to car park.

ATTENTION: the above-mentioned is a framework programme and thus times and activities could vary according to season and day of the week. See detailed programme on the website link.

CANCELLATION/POSTPONEMENT

The excursion can be cancelled or postponed anytime by the Guide at her absolute discretion, in case safe and proper conditions cannot be guaranteed following bad weather conditions on the day of the excursion or on the previous days.

Excursion could be confirmed even if weather conditions are not good but safe for participants.

Any fees paid will be considered valid as a voucher on the next excursion – max validity 1 year - or refunded (only for foreign people).

In case of cancellation from the participant less than 3 days from the date, the relevant Guide fee and self-rescue kit costs cannot be refunded.

PARTICIPATION FEE

Adults: € 70 for 2 days;

Children and teens up to 12 years: € 60,00 for 2 days;

Inclusions: Nature Guide fee accompanying the group for 2 days - AIGAE LO639; liability insurance.

Exclusions: any lunch and break; any transport to the meeting point; food and accommodation; self-rescue kit renting costs; injury insurance; any service not included in the item "inclusions".

EXTRA COSTS

63 € half board (dinner, overnight, breakfast). BEVERAGES NOT INCLUDED.

20 € self-rescue kit renting for the week end (snowshoes on request are included); TO BE PAID IN ADVANCE

10 € dog overnight stay in the room

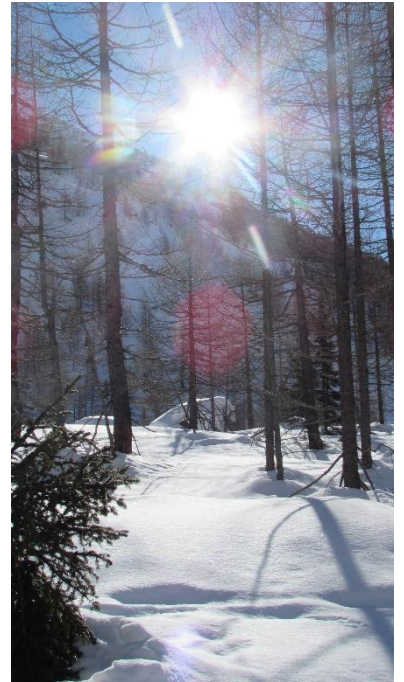
ACCOMMODATION WILL BE ONLY IN 4/6-PEOPLE DORMITORY, TO BE SHARED AND NOT EXCLUSIVE-USE. BUNK BEDS.

Slippers available

SHEET BAG AND TOWELS NOT AVAILABLE

Please check detailed costs on the website to the relevant link.

Reservation required within **the previous week** (see detailed deadline on website to relevant link)





on my website www.trekandtaste.it
+39 347 04 05 703.

e-mail sabrina@trekandtaste.it

mobile

MINIMUM NUMBER OF PARTICIPANTS: 4

MAXIMUM NUMBER OF PARTICIPANTS: 15 (see chart on website)

Minors must be accompanied by an adult holding responsible.

Participation to the excursions implies unconditioned acceptance of the rules available on my website www.trekandtaste.it.

INJURY INSURANCE FOR TREKKERS

Participation fee only includes liability insurance; no injury insurance coverage is provided to Participants to the excursion. It is advisable to take out a suitable injury insurance.

EIC Organization offer an annual injury insurance which can be activated by the Trip&Trek app and amounting to 10 euros per year, per person. The insurance is valid 1 year whenever you participate to an excursion with and AIGAE Guide. For more details, please contact info@escursioni-italia.it.

HOW TO REACH THE MEETING POINT

Saint Jacques is the small village at the very end of Val D'Ayas (Valle D'Aosta). Valle D'Aosta can be easily reached from Milan along the highway to Monte Bianco.

The car park of the cable car could be used in case of no parking available in Saint Jacques. Different meeting points to be defined.

WINTER TYRES AND/OR SNOW CHAINS ON BOARD ARE REQUIRED

Car-pooling according to rules in force. Costs will be shared among passengers.

- Please let me know in case you are willing to share your cars with people coming from your same area of residence in order to meet any requests.

CONTAINEMENT MEASURES

See detailed and updated measures on website link.



For further information

Sabrina Nature Hiking Guide AIGAE LO639

Tel: +39 347 040 57 03 e-mail: sabrina@trekandtaste.it

FB Sabrina Pastacaldi – Guida ambientale escursionistica AIGAE

www.trekandtaste.it